



Crystal Falls Association at Crystal Falls Ranch General Gym Use Information and Rules & Regulations

The Crystal Falls Gym is here for your enjoyment, for your overall health and fitness, and for the privilege of being a member of Crystal Falls Association. It is the Boards' hope and desire that you have a safe, healthy, and comfortable place to achieve your fitness goals. The facility is available for Association members who are in good standing with the Association. Member must be the owner of a lot in Crystal Falls Association. They must sign the contract, receive the cardkey, and be responsible for following all of the gym rules and regulations and the CC&R Rules and Regulations. Any tenants that are renters of the property must have a signed permission contract and a Release of Liability Form in the office. Anyone that is using the facility that is either not a member or does not have a signed contract and Release Form will be denied access until the proper paperwork is filled out and submitted in the office. This facility has a maximum occupancy of 5 (five) members at one time. The facility is open every day from 5 AM to 9PM. The alarm will be automatically set at 9PM. Anyone opening the door from the *inside* of the facility disarm start the alarm. If the alarm is disarmed, there will be an automatic fine of \$20 for the first offense, \$50 for the second offense, and then \$75 for each offense afterwards. There are no attendants at the facility. Those that use the facility must use it with full knowledge of the risks involved with using the equipment. Read and sign the Release of Liability Release Form and acknowledge receipt of the attached Rules and Regulations. There are video cameras present *inside* and *outside* of the building. Any misuse of the equipment or mistreatment of other guests will be recorded and viewed, and will be released to law enforcement, if needed. Once again, the Board wishes for everyone to enjoy your time at the gym and that every member lives a healthy and happy life.

1. Associate members, family members, guests, and/or tenants of property are expected to abide by these Rules and Regulations as well as the CC&R Rules. Any violation of the Rules may have their privilege of using the gym revoked.
2. Any child under the age of 18 must be present with an adult. All children under 7 years of age **May Not** use any of the equipment or be alone in the facility at any time.
3. Any member who conducts themselves in an unbecoming manner, or who knowingly violates any of the gym rules may be denied access. Crystal Falls Association Board reserves the right to review and change these rules from time to time if needed.
4. Members, guests and/or tenants may not display actions that are unsportsmanlike, rude or aggressive to any person inside or outside the gym.
5. No abusive or provocative language inside or outside the gym. Respect other participants. Any complaints regarding the conduct of members, guests, and/or tenants should be reported directly to a Crystal Falls Association Board member or to the office in writing.
6. Crystal Falls Association will not be responsible for loss or damage to any personal property of the member, family member, guests or tenant.
7. Members shall pay for any loss or damage to property for which they, their guests, or tenants re responsible. No property shall be lent to any member, guests or tenant for any reason. No property or furniture shall be moved from or to the gym.
8. Equipment should be returned to their proper place after each use.
9. All members, guests and/or tenants utilize all equipment and facilities at their own risks.
10. Members, guests and/or tenants should be aware of their personal fitness limits. Use of gym exercise equipment and exercise may be strenuous. Exercise at your own level and pace.
11. Members, guests and/or tenants shall not bring any food into the gym at any time. Beverages consumed during workout must be in a container with a lid. Any spills that are made must be cleaned up immediately.
12. No smoking, alcoholic beverages or illegal substance is permitted in the gym building or grounds at any time.
13. Wear comfortable workout shoes at all times. No bare feet are allowed inside the gym.